

# SCHEMA THERAPY

## Masterclasses



ImPossible  
Psychological Services



INTERNATIONAL SOCIETY OF  
SCHEMA THERAPY

### About Our Trainer:

Dr John Louis holds a PhD from the UK in Clinical Psychology. He **developed and psychometrically validated various instruments**, and one of them identifies and measures the strength of 14 positive schemas.

He was trained by Dr. Jeffrey Young, the founder of Schema Therapy, and is a **Certified Advanced Schema Therapist, Supervisor and Trainer** with the Singapore Association for Counselling, as well as an **Eye Movement Desensitization and Reprocessing therapist**.

He has published numerous publications in reputable scientific journals & developed **Schema Therapy-based parenting program** with his wife, Karen McDonald Louis.

### TOPICS & LEARNING OUTCOMES

#### Masterclass One

30TH JULY 2025

#### POSITIVE SCHEMAS

- How to identify each of the 14 positive schemas using the psychometrically validated scale developed by Dr Louis
- How to measure the strength of each positive schema
- How to understand the association of positive schemas with essential psychological nutrients or core emotional needs to be met by primary caregivers
- How to conduct positive imageries in individuals to help them develop healthier thinking patterns.

#### Masterclass Two

31ST JULY 2025

#### REPAIR AND RECONNECT

- How to identify underlying essential psychological needs in adolescents
- How to understand adolescents' underlying need for greater autonomy and the subsequent association with refusal to cooperate and comply with healthy limits
- How to support clients in rebuilding relationships with their child
- How to measure the positive and negative emotional climate between parent and adolescent
- How to resolve conflicts in a healthy manner and on an emotional level.

#### Who should join?

- Psychologists
- Counsellors
- Social Workers
- Religious Leaders
- Youth and Family Ministers
- Parents with Adolescents (For 'Repair & Reconnect')

#### Event Details

- Date:** 30 - 31 JULY 2025
- Time:** 9:00 AM - 5:00 PM
- Location:** Lifelong Learning Institute  
11 Eunos Road 8  
Singapore 408601



Register Now! Go to: [bit.ly/schemamasterclass2025](https://bit.ly/schemamasterclass2025)



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# Registration Form

Schema Therapy Masterclasses

30 - 31 July 2025 | Facilitated by Dr John Louis

## PERSONAL INFORMATION

Name (as NRIC)	<input type="text"/>		
DOB	<input type="text"/>	Current Employment	<input type="text"/>
Address	<input type="text"/>		
Phone	<input type="text"/>	Email	<input type="text"/>

## I WOULD LIKE TO REGISTER FOR:

### Early Bird Fees\*:

- ☐ One Masterclass: SGD 630
- ☐ Positive Schema | 30th July
- ☐ Repair & Reconnect | 31st July
- ☐ Bundle Masterclass: SGD 1120

### Standard Fees\*:

- ☐ One Masterclass: SGD 700
- ☐ Positive Schema | 30th July
- ☐ Repair & Reconnect | 31st July
- ☐ Bundle Masterclass: SGD 1260

\*All prices are NETT, inclusive of GST. Register by 10th May 2025 to enjoy early bird fees.

**Is your masterclass sponsored? If yes, please indicate name of organization and contact person.**

- ☐ I am **not** sponsored.
- ☐ I am sponsored.

By: \_\_\_\_\_

**How did you hear about our program?**

\_\_\_\_\_

**Kindly state your experiences with Schema Therapy (if any).**

\_\_\_\_\_

## Registration & Payment


**Step 1:** Complete this Registration Form

**Step 2:** Make Payment to ImPossible Psych Services



Scan the QR Code/ Use the  
**UEN: 53352786D**

Screenshot the payment  
confirmation once you have paid.

**Step 3:** Send the Registration Form and Proof of  
Payment to the email below. 

## Note:

A completed application form and payment are required to secure a slot. Applications are processed on a first-come, first-served basis. If no slots are available, payments will be refunded.

By submitting this form, you accept these terms and release us from any claims related to injury, damages, or loss arising from this training.

A minimum number of sign-ups are required for the masterclass to run.

Should personal issues emerge during the masterclass, participants are recommended to seek the help of a professional.

**Thank you for registering and see you soon.**

